Curriculum Vitae



Personal information

First name(s) / Surname(s)

Nuno José Vieira Ferreira

Address

Braga

Portugal

LinkedIn

www.linkedin.com/in/nuno-vieira-ferreira/

E-mail(s)

nvferreira@gmail.com

Web

www.nunovieiraferreira.pt

Nationality

Portuguese

Date of birth

26 June 1979

Gender

Male

Civil status

Married

Work

Experience

Dates 01 October 2021 →

Occupation or position

Head of the Department of Orthopedic Surgery

held

Medical Doctor - Shoulder and Elbow Surgeon

Name and address of

Hospital dos Lusíadas

employer

Braga (Portugal)

Type of business or sector

Human health and social work activities

Dates

01 September 2017 →

Occupation or position

Medical Doctor - Orthopedic Surgery Surgeon

held

Head of Shoulder and Elbow Department

Name and address of

Santa Maria Maior, EPE Hospital

employer

Barcelos (Portugal)

Type of business or sector

Human health and social work activities

Dates	01 August 2017 → 30 September 2021				
Occupation or position held	Medical Doctor - Orthopedic Surgery Surgeon Shoulder and Elbow Department				
Name and address of employer					
Type of business or sector	Human health and social work activities				
Dates	01 November 2015 →				
Occupation or position held	Medical Doctor - Invited Medical expert in Orthopedics / Speaker				
Name and address of employer	Grunenthal Portugal, S.A.				
Type of business or sector	Human health and social work activities				
Dates	01 November 2014 → 31 August 2017				
Occupation or position held	Medical Doctor - Orthopedic Surgery Surgeon				
Name and address of	Braga Hospital				
employer	Braga (Portugal)				
Type of business or sector	Human health and social work activities				
Dates	01 April 2008 → 31 October 2014				
Occupation or position held	Medical Doctor - Orthopedic Surgery Fellow				
Name and address of	Braga Hospital				
employer	Braga (Portugal)				
Type of business or sector	Human health and social work activities				
Dates	01 February 2007 → 31 December 2013				
Occupation or position held	Medical Doctor – VMER Emergency department				
Name and address of employer	Medical Emergency National Institute Braga (Portugal)				
Type of business or sector	Human health and social work activities				

Dates	01 April 2006 - 31 March 2008				
Occupation or position held	Medical doctor - Haematology Fellow				
Name and address of employer	Braga Hospital Braga (Portugal)				
Type of business or sector	Human health and social work activities				
Dates	01 January 2005 - 31 March 2006				
Occupation or position held	Medical doctor – Resident				
Name and address of employer	S. Francisco Xavier Hospital Lisbon (Portugal)				
Type of business or sector	Human health and social work activities				

Education and training

Dates

19 March 2021 →

Title of qualification

awarded

MBA Student: Máster en Dirección y Administración de Empresas

(MBA) - Especialidad en Gestión Sanitaria

Name and type of organisation providing education and training

IMF Business School

Universidad Nebrija - Madrid (Spain)

Title of qualification awarded

MBA en Gestión Sanitaria

Dates

18 January 2019 →

Title of qualification awarded PhD Student: Mesenchymal Stem Cell Secretome - new biologic and regenerative approach to prevent and treat rotator cuff tendon tears

Name and type of organisation providing education and training School of Medicine, Minho University

ICVS/3B's - PT Government Associate Laboratory Braga (Portugal)

Title of qualification

awarded

PhD in Medicine

01 July – 31 July 2014

Occupation or position

Fellowship

held

Emilio Calvo, MD, PhD

Name and address of

Shoulder and Elbow Department Orthopaedic Surgery Department

employer

Fundación Jiménez Díaz

Madrid, Spain

Type of business or sector

Human health and social work activities

Dates

01 March - 31 March 2014

Occupation or position **Fellowship**

António Cartucho, MD

Shoulder and Elbow Service Name and address of

> Orthopaedic Surgery Department employer

> > **CUF** Descobertas Hospital

Lisboa, Portugal

Human health and social work activities Type of business or sector

> 18 April – 20 May 2013 Dates

Occupation or position Visiting Fellowship

Jon J. P. Warner, MD

Boston Shoulder Institute Name and address of Harvard Shoulder Service employer

Massachusetts General Hospital

Boston, Massachusetts, USA

Human health and social work activities Type of business or sector

> 18 -31 March 2012 Dates

Occupation or position Observer / Visitor

held

Name and address of Reto Babst, MD

> employer Department of Trauma Surgery

> > Kantonspital Luzern Luzern (Switzerland)

Type of business or sector Human health and social work activities

> 2010 - 2011 Dates

Title of qualification Post-graduation in assessment of post-traumatic bodily harm

Name and type of Porto University Porto (Portugal) organisation providing

education and training

awarded

Level in national or 16 (20) international classification

> 2008-2014 Dates

Title of qualification awarded Orthopaedic Surgery Fellowship

Name and type of organisation providing education and training

Braga Hospital Braga (Portugal)

Level in national or international classification

19,5 (20)

Dates

2004 - 2008

Title of qualification awarded

Graduation in Medicine

Name and type of organisation providing education and training

Lisbon New University Lisbon (Portugal)

Level in national or international classification

16 (20)

Professional Societies Portuguese Medical Society (44214)

Portuguese Orthopaedics and Traumatology Society (1418)

Portuguese Arthroscopy and Traumatology Society (420)

European Society for Surgery of the Shoulder and the Elbow

(ESSSE/SECEC)

International Society of Arthroscopy, Knee Surgery and Orthopaedic

Sports Medicine (ISAKOS)

Books / **Book's Chapters**

2018

Nuno Sevivas, Guilherme França, Nuno Oliveira, Nuno Vieira Ferreira, Manuel Vieira da Silva, Renato André, João Espregueira-Mendes, Chapter "Sliding Knots", U. Akgum et al. (eds.), Knots in Orthopaedic Surgery, open and arthroscopic techniques, SPRINGER, 2018

2016

Nuno Sevivas, Nuno Vieira Ferreira, Helder Pereira, Manuel Vieira da Silva, Alberto Monteiro, João Espregueira-Mendes, Chapter "Complex Elbow Dislocations", L.A. Pederzini et al. (eds), Elbow and Sport, SPRINGER, 2016

Publications / **Papers**

2020

Baptista, Mário MD1,a; Sevivas, Nuno MD, PhD2,3; Ferreira, Nuno Vieira MD2,4; Fardilha, Luísa MD1; Varanda, Pedro MD1,3; Mateus, Carlos MD1 Cryptococcus magnus Periprosthetic Shoulder Infection, JBJS Case Connector: October-December 2020 - Volume 10 - Issue 4 - p e20.00507 doi: 10.2106/JBJS.CC.20.00507

Azevedo CIC, Catarina Leiria Pires Gago Ângelo A, Campos-Correia D, Delgado L, Ferreira N, Sevivas N. Clinical Importance of Graft Integrity in Arthroscopic Superior Capsular Reconstruction Using a Minimally Invasively Harvested Midthigh Fascia Lata Autograft: 3-Year Clinical and Magnetic Resonance Imaging Outcomes. Am J Sports Med. 2020 Jul;48(9):2115-2128. doi: 10.1177/0363546520928649. PMID: 32667265.

2019

de Campos Azevedo CI, Andrade R, Leiria Pires Gago Ângelo AC, Espregueira-Mendes J, Ferreira N, Sevivas N., Fascia Lata <u>Autograft Versus Human Dermal Allograft in Arthroscopic Superior</u> Capsular Reconstruction for Irreparable Rotator Cuff Tears: A Systematic Review of Clinical Outcomes, Arthroscopy. 2020 Feb;36(2):579-591.e2. doi: 10.1016/j.arthro.2019.08.033. Epub 2019 Dec 12.

2017

Sevivas N, Ferreira N, Andrade R, et al Reverse shoulder arthroplasty for irreparable massive rotator cuff tears: a systematic review with meta-analysis and meta-regression, Journal of Shoulder and Elbow Surgery, Vol 26, Issue 9, e265 - e277, 2017, doi: https://doi.org/10.1016/j.jse.2017.03.039

Sevivas N, Ferreira N, Andrade R, et al Arthroscopic and open repair of massive rotator cuff tears have similar results: a systematic review, Journal of ISAKOS: Joint Disorders & Orthopaedic Sports Medicine Published Online First: 11 July 2017. doi:10.1136/jisakos-2017-000124

Pinheiro A, Mateus C, Ferreira N, Sevivas N, Vieira da Silva M, Pectoralis Major Tendon Rupture in a Rugby Player - clinical case, J Orthop Ther: JORT-160, 2017. doi: 10.29011/2575-8241.

2016

Nuno Sevivas, Fábio Gabriel Teixeira, Raquel Portugal, Luís Araújo, Luís Filipe Carric o, Nuno Ferreira, Manuel Vieira da Silva, João Espregueira-Mendes, Sandra Anjo, Bruno Manadas, Nuno Sousa and António J. Salgado, Mesenchymal Stem Cell Secretome: A Potential Tool for the Prevention of Muscle Degenerative Changes Associated With Chronic Rotator Cuff Tears, Am J Sports Med published online August 8, 2016 DOI: 10.1177/0363546516657827

2014

Nuno Vieira Ferreira, Nuno Sevivas, Manuel Vieira da Silva; Suprascapular neuropathy; Portuguese Journal of Orthopaedics and Traumatology, 2014

Rui Duarte, Nuno Vieira Ferreira, Armando Oliveira, Fernando Fonseca, Manuel Vieira da Silva, Jorge Correia-Pinto, Benefits of radial distortion correction in arthroscopic surgery: a first experimental study on a knee model, International Journal of Medical Robotics and Computer Assisted Surgery

Nuno Vieira Ferreira, Luís Filipe Carriço, Bruno Pereira, Rui Duarte, Ricardo Maia, Nuno Sevivas, Ramiro Fidalgo, Vieira da Silva; Giant Knee "Ganglion" - a case report, European Orthopaedics and Traumatology 2013 DOI 10.1007/s12570-013-0223-1

2012

Rui Duarte, Nuno Vieira Ferreira, Luís Silva, Luís Filipe Rodrigues, Juvenália Ribeiro, Vieira da Silva; Metacarpal solitary osteochondroma - case report of a rare condition, European Orthopaedics and Traumatology 2012, 3(4): 217-220

Oral Presentations / **Invited Speaker**

2020

Nuno Vieira Ferreira, Shoulder Pain, invited speaker, Post-graduate course in Chronic Pain in Orthopaedics – E-DOR, Porto, Portugal, Feb 22, 2020

Nuno Vieira Ferreira, Elbow, Wrist and Hand Pain, invited speaker, Post-graduate course in Chronic Pain in Orthopaedics – E-DOR, Porto, Portugal, Apr 25, 2020

2019

Nuno Vieira Ferreira, <u>Arthroscopy in Latarjet Surgery and other</u> techniques with "bone block", invited speaker, XIV Congress of the Portuguese Society of Arthroscopy and Traumatology, Braga, Portugal, November 28-29, 2019

Nuno Vieira Ferreira, Shoulder Pain - Diagnosis and treatment, invited speaker and Workshop, Santa Casa Misericordia, Barcelos, Portugal, June 29, 2019

Nuno Vieira Ferreira, Pain in Orthopaedics, invited speaker, Postgraduate course in Chronic Pain – E-DOR 2.0, Lisbon, Portugal, June 15, 2019

2018

Nuno Vieira Ferreira, <u>Proximal umeral fractures – 10 steps to the</u> success, invited speaker, Shoulder Course for Residents and Young Surgeons, Vila Franca de Xira, Portugal, November, 16, 2018

Nuno Vieira Ferreira, Olecraneon fractures, AOTrauma Course -Soulder and Elbow, Ericeira, Portugal, November, 8-10, 2018

Nuno Vieira Ferreira, <u>Clavicle fracture – Nonunion</u>, AOTrauma Course - Soulder and Elbow, Ericeira, Portugal, November, 8-10, 2018

Nuno Vieira Ferreira, <u>Proximal umeral fractures - Percutaneous</u> Pinning, AOTrauma Course - Soulder and Elbow, Ericeira, Portugal, November, 8-10, 2018

Nuno Vieira Ferreira, Rotator Cuff Repair: state of the art, invited speaker, Hands-on-course" - FundamentalsinArthroscopy,9th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, June, 08, 2018

Nuno Vieira Ferreira, <u>Deltopectoral or superior: what a best approach</u> in RSA, invited speaker, XIII Portuguese Shoulder and Elbow SPOT meeting, Porto, Portugal, 4-5 May 2018

Nuno Vieira Ferreira, Negative Wound Pressure: utilization in extremely large wounds / soft tissue damage, invited speaker, Negative Pressure Care Workshop, Barcelos, Portugal, April, 16, 2018

Nuno Vieira Ferreira, First glenohumeral dislocation in young patient: surgical repair?, invited speaker, IV Orthopaedics meeting, CUF Hospital, Lisbon, Portugal, April, 13-14, 2018

Nuno Vieira Ferreira, <u>Traumatic glenohumeral dislocation</u>, invited speaker, I Symposium in Sports Medicine, TrofaSaúde Hospital, Braga, Portugal, March, 30, 2018

Nuno Vieira Ferreira, <u>Biologics in rotator cuff repair</u>. What do we know now?, invited speaker, 2nd Lisbon Shoulder Meeting, CUF Descobertas Hospital, Lisbon, Portugal, March, 9-10, 2018

Nuno Vieira Ferreira, <u>I prefer a 1350 metaphyseal angle in reverse</u> prosthesis, invited speaker, 2nd Lisbon Shoulder Meeting, CUF Descobertas Hospital, Lisbon, Portugal, March, 9-10, 2018

Nuno Vieira Ferreira, CURRENT CONCEPTS IN ROTATOR CUFF REPAIR, invited speaker, Oporto Shoulder Course - Advanced course of shoulder arthroscopy and cadaver dissection, Watford, United Kingdom, February, 26-27, 2018

2017

Nuno Vieira Ferreira, Shoulder Pathology: diagnosis to treatment, invited speaker, Shoulder Workshop, Santa Maria Maior Hospital, Barcelos, Portugal, November 7 and 8, 2017

Nuno Vieira Ferreira, Massive Cuff Tear, invited speaker, Iberic Shoulder Meeting, Guarda, Portugal, September, 30, 2017

Nuno Vieira Ferreira, Eccentric omarthrosis: diagnosis and decisionmaking algorithm, invited speaker, Shoulder Course for Residents and Young Surgeons, Vila Franca de Xira, Portugal, September, 22, 2017

Ribeiro E, Barros C, Rodrigues L, Ferreira V N, Sevivas N, Vieira da Silva M, Bone defects reconstruction: results after masquelet technique using reamer-irrigator-aspirator system, podium communication, 3rd World Ortho Recon, ILLRS & ASAMI Congress, Estoril, Lisbon, Portugal, August 30 - September 02, 2017

Nuno Vieira Ferreira, <u>GlenoHumeral instability: prevention, risk</u>, treatment, invited speaker, Hands-on-course "Fundamentals in Arthroscopy, 9th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, May 25-26, 2017

Nuno Vieira Ferreira, <u>Arthroscopic surgical repair of the subscapularis</u> tear, invited speaker, 12th Portuguese Shoulder and Elbow SPOT Meeting, Luz Hospital, Lisboa, Portugal, May 19-20, 2017

2016

Nuno Vieira Ferreira, After the surgical repair of glenohumeral instability: risk factors for recurrence, invited speaker, XI Portuguese Shoulder and Elbow SPOT Meeting, Braga Hospital, Braga, Portugal, May 14, 2016

Nuno Vieira Ferreira, <u>Massive cuff tear: repair, tendon transfer or</u> reverse prosthesis?, invited speaker, 1st Lisbon Shoulder Meeting, Lisbon, Portugal, March 11-12, 2016

Nuno Vieira Ferreira, Rotator Cuff pathology: surgical treatment, invited speaker, Hospital Privado de Braga Centro, Braga, Portugal, January 27, 2016

Nuno Vieira Ferreira, Epidemiology and Clinical Assessment, invited speaker, Massive Rotator Cuff Tear course: from basics to clinics, 3rd edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, January 22-23, 2016

2015

Nuno Vieira Ferreira, Shoulder arthroplasty: glenoid is the point, invited speaker, X Portuguese Shoulder and Elbow SPOT Meeting, Costa da Caparica, Portugal, May 8-9, 2015

Nuno Vieira Ferreira, <u>Arthroscopic treatment of anterosuperior cuff</u> tears, invited speaker, Minimal Invasive Surgery Meeting, CUF Descobertas Hospital, Lisboa, Portugal, April 20-22, 2015

2014

Nuno Vieira Ferreira, Cuff tear and corticotherapy - state of the art, invited speaker, XXXIV SPOT congress, Algarve, Portugal, 22-24 October 2014

Nuno Vieira Ferreira, Nuno Sevivas, Manuel Vieira da Silva; Shoulder and Elbow aging; Invited Speaker, Programa Nacional de Apoio ao Internato Complementar de Ortopedia, "Envelhecimento do Sistema Musculo-Esquelético", Braga, Portugal, 8 de Março, 2014

2013

Vieira Ferreira, N., Sevias, N., Carriço, L., Duarte, R., Frada, T., Vieira da Silva, M., Suprascapular nerve arthroscopic release: meta-analysis, XXXIII SPOT congress, Algarve, Portugal, 29-31 October 2013

Vieira Ferreira, N., Duarte, R., Nunes, N., Fidalgo, R., Igreja, C., Vieira da Silva, M., Patellar fracture treated by patellectomy in young and active patients - 27 years of follow-up, XXXIII SPOT congress, Algarve, Portugal, 29-31 October 2013

Vieira Ferreira, N., Duarte, R., Vaz, H., Sevivas, N., Carriço, L.., Vieira da Silva, M., Negative pressure wound treatment in major trauma patients, XXII S. João Hospital Meeting, Porto, Portugal, 4-5 April, 2013

Luís Miguel Silva, Ricardo Maia, Rui Duarte, Nuno Vieira Ferreira, Martins Pereira, Manuel Vieira da Silva; Resultados preliminares de artroplastia total da anca em indivíduos jovens activos com hastes femorais curtas; XXXIII Congresso Nacional de Ortopedia e Traumatologia, Algarve, Portugal, 31 Outubro a 2 Novembro, 2013

Rui Duarte, Nuno Vieira Ferreira, Armando Mónica, Fernando Fonseca, Manuel Vieira da Silva, Jorge Correia-Pinto; Influência da correcção da distorção radial em cirurgia artroscópica: estudo experimental; XXXIII Congresso Nacional de Ortopedia e Traumatologia, Algarve, Portugal, 31 Outubro a 2 Novembro, 2013

Filipe Carriço, Nuno Vieira Ferreira, Rui Duarte, Luís Miguel Silva, Nuno Sevivas, Manuel Vieira da Silva; Artrolise do cotovelo –

outcome clínico e satisfação dos doentes; XXXIII Congresso Nacional de Ortopedia e Traumatologia, Algarve, Portugal, 31 Outubro a 2 Novembro, 2013

Vieira Ferreira, N., Frada, T., Duarte, R., Rodrigues, L.F., Alves, C., Coutinho, P., Varanda, P., Vieira da Silva, M., Fijación pedicular percutânea de fratura vertebral toracicolumbar sin compromisso neurológico – Estudio Prospectivo, 49º Congreso Nacional de la Sociedad Española de Cirugía Ortopédica y Traumatología – SECOT'12, Málaga, España, 3, 4 y 5 Octubre, 2012

Vieira Ferreira, N., Pereira, B., Frada, T., Duarte, R., Rodrigues, L.F., Silva, L. M., Maia, R., Sevivas, N., Vieira da Silva, M., Neurologic complications after supracondylar humeral fractures in children, Congrés de Printemps du GEM, Société Française de Chirurgie de la Main e Congrés Franco-Portugais de Chirurgie de la Main, Île de Porquerolles, France, Juin 1er et 2eme, 2012

Vieira Ferreira, N., Duarte, R., Rodrigues, L. F., Coelho, F., Sevivas, N., Vieira da Silva, M., Neer 4 parts proximal humeral fracture in elderly – osteosynthesis or arthroplasty?, XXXII SPOT congress, Algarve, Portugal, 17-19 October 2012

Vieira Ferreira, N., Sevivas, N., Vieira da Silva, M., Terrible triad elbow, Northern Orthopaedics society, Santo Tirso, Portugal, 30th July 2012

Vieira Ferreira, N., Duarte, R., Rodrigues, L. F., Frada, T., Sevivas, N., Vieira da Silva, M., Elbow arthroscopic loose body removal – teaching video, XXXII SPOT congress, Algarve, Portugal, 17-19 October 2012

Duarte, R, Vieira Ferreira, N., Rodrigues, L.F., Silva, L. M., Sevivas, N., Vieira da Silva, M., Radial head excision remains an option in young adults? - review with 22 years of follow-up, 13th EFORT Congress Berlin, Deutschland, 23-25 May 2012

2011

Vieira Ferreira, N., Sevivas, N., Vieira da Silva, M., Chronic missed bilateral posterior fracture-dislocation of the shoulder caused by electric shock, Case Report, Shoulder Meeting, Porto, Portugal, December 12th 2011

Vieira Ferreira, N., Alves, C., Duarte, R., Rodrigues, L. F., Pereira, M., Vieira da Silva, M., Resurfacing hip arthroplasty, XXXI SPOT congress, Estoril, Portugal, October 19th -21st 2011

Duarte, R., Silva, L., Rodrigues, L., Vieira Ferreira, N., Sevivas, N., Vieira da Silva, M., <u>22 years follow-up of radial head excision</u>, XXXI SPOT congress, Estoril, Portugal, October 19th -21st 2011

Vieira Ferreira, N., Sevivas, N., Vieira da Silva; Arthroscopy, principles and concepts, Invited speaker on Minho medical meeting, School of Health Sciences, University of Minho, Braga, Portugal, 14th – 15th October 2011

Vieira Ferreira, N., Sevivas, N., Shoulder pathology: risk, diagnosis and treatment. Invited speaker on Minho medical meeting, School of Health Sciences, University of Minho, Braga, Portugal, 14th – 15th October 2011

2010

Hillis A., Duarte R., Vieira Ferreira, N., Tavares N., Nunes N., Fidalgo R. ACL fracture-avulsion: surgical treatment, - Case report; XV National children orthopaedics meeting, Caminha, Portugal, June 24th -25th 2010.

Duarte R., Rodrigues L., Vieira Ferreira, N., Bandeira-Rodrigues E., Ribeiro J.; Burton-Pellegrini's technique in the treatment of rizarthrosis, XXII SPOCMA annual meeting, Lisbon, Portugal, April 23rd -24th 2010

2009

Rodrigues L., Alves C., Vieira Ferreira, N., Hillis A., Duarte R., Ribeiro A.; Distal tibial fractures - long term follow-up; XXIX SPOT congress, Porto, Portugal, October 28th -30th 2009

Maia R., Bandeira-Rodrigues E., Rodrigues L., Duarte R., Vieira Ferreira, N., Teixeira F., Scarf procedure in Hallux valgus treatment, National congress of foot and ankle, V. N. Gaia, Portugal, May 29th -30th 2009

Poster presentation

2012

Vieira Ferreira, N., Duarte R., Silva, L.M., Rodrigues, L.F., Maia, R., Sevivas, N., Vieira da Silva, M., Schwannoma of Brachial Plexus – case report, 25th Annual Meeting of the European MusculoSkeletal Oncology Society, Bologna, Italy, 15th - 16th May, 2012

2011

Vieira Ferreira, N., Maia, R., Alves C., Duarte R., Rodrigues, L. Coelho, F., Shoulder arthroplasty: is a small centre experience enough to have good results?; 12th EFORT Congress, Copenhagen, Denmark 1st - 4th June 2011

2010

Vieira Ferreira, N., Alves C., Duarte R., Rodrigues, L.F., Pereira, M., Coelho, F., Bristow-Latarjet procedure: 5 years review; XXX SPOT congress, Vilamoura, Portugal, October 27th -29th 2010

Vieira Ferreira, N., Maia, R., Pereira, G., Hilis A., Nunes N., Tavares N., children metacarpo-phalangeal dislocation of the 2nd radius in children; XXX SPOT congress, Vilamoura, Portugal, October 27th -29th 2010

2009

Vieira Ferreira, N., Maia R., Hillis A., Tavares N., Nunes N., Fidalgo R.; Complex Tibial Plateau Fracture – an alternative treatment; XXIX SPOT congress, Porto, Portugal, October 28th -30th 2009

Vieira Ferreira, N., Maia R., Tavares N., Nunes N., Fidalgo R.; Giant Ganglion of Knee – unusual case report; XXIX SPOT congress, Porto, Portugal, October 28th -30th 2009

Vieira Ferreira, N., Maia R., Duarte R., Tavares N., Nunes N., Fidalgo R.; Femur intercondylar fractures – long term follow-up; XXIX SPOT congress, Porto, Portugal, October 28th -30th 2009

Additional information External collaborations

2019

Invited speaker / teacher on Elbow pathology, Orthopaedic seminars for medical students at School of Health Sciences, University of Minho, Braga, Portugal, September, 10, 2019

2018

Faculty Member of the Shoulder Course for Residents and Young Surgeons, Vila Franca de Xira, Portugal, November, 16, 2018

National Faculty of the AOTrauma Course – Soulder and Elbow, Ericeira, Portugal, November, 8-10, 2018

Faculty Member (oral presentations moderator) of the 38° Portuguese National Congress on Orthopedics, Viseu 25-27 Oct 2018

Faculty member of the Shoulder Lab Practical Course, CACE – Hospital Escola Fernando Pessoa, Porto, Portugal, October, 19, 2018

Invited speaker / teacher on Elbow pathology, Orthopaedic seminars for medical students at School of Health Sciences, University of Minho, Braga, Portugal, September, 11, 2018

Faculty Member of the Shoulder Workshop, I Symposium in Sports Medicine, TrofaSaúde Hospital, Braga, Portugal, March, 30, 2018

Faculty Member of the Oporto Shoulder Course - Advanced course of shoulder arthroscopy and cadaver dissection, Watford, United Kingdom, February, 26-27, 2018

2017

Faculty Member of the Shoulder Arthroscopy Workshop, Santa Maria Maior Hospital, Barcelos, Portugal, November, 07 - 08, 2017

Faculty Member of the Shoulder Course for Residents and Young Surgeons, Vila Franca de Xira, Portugal, September, 22, 2017

Invited speaker / teacher on Elbow pathology, Orthopaedic seminars for medical students at School of Health Sciences, University of Minho, Braga, Portugal, September, 12, 2017

2016

Invited speaker / teacher on Elbow pathology, Orthopaedic seminars for medical students at School of Health Sciences, University of Minho, Braga, Portugal, September, 06, 2016

2015

Faculty Member of the Microsurgical Anastomosis, 7th hands-on Course, organized by the Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal in collaboration with École de Chirurgie du fer à Moulin, Paris, France, November 19-21, 2015

Faculty Member of the shoulder module of the Advanced Arthroscopic Course, held in the Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, September 22, 2015

Invited speaker / teacher on Elbow pathology, Orthopaedic seminars for medical students at School of Health Sciences, University of Minho, Braga, Portugal, September, 08, 2016

2014

Faculty Member of the Post-graduation course: 2nd Update in Surgery for Family Medicine Residents, Life and Health Sciences Research Institute (ICVS), School of health and science, Minho University

2009-2013

Invited speaker on Orthopaedic seminars for medical students at School of Health Sciences, University of Minho, Braga, Portugal.

2012

Faculty Member of the Post-graduation course: Sports Rehabilitation - VII Edition - Fernando Pessoa University

2011, 2013

Arthroscopy workshop instructor, Minho medical meeting, School of Health Sciences, University of Minho, Braga, Portugal, 14th – 15th October 2011

 $2010 \rightarrow 2014$

Committee member verifying eligibility for specialty training in Orthopedics, Portuguese Medical Association, Porto, Portugal

2009 - 2011

Local responsible of SINAS (Health Evaluation National System) project implementation of Portuguese Health Regulation Entity

2002-2004

Portuguese Medical Students International Committee executive board

Organizational Activities

2018

Organizing committee of the "Hands-on-course"-Fundamentals in Arthroscopy, 9th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, 07-08, June, 2018

Organizing committee of the I Symposium in Sports Medicine, TrofaSaúde Hospital, Braga, Portugal, March, 30, 2018

2017

Organizing committee of the "Hands-on-course"-Fundamentals in Arthroscopy, 8th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, May 25-26, 2017

Organizing committee of the "Hands-on-course"-Microsurgical Anastomosis, 8th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, May 12-14, 2017

2016

Organizing committee of the "Hands-on-course"-Fundamentals in Arthroscopy, 7th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, June 16-17, 2016

Organizing committee of the XI Portuguese Shoulder and Elbow SPOT Meeting, Hospital de Braga, Braga, Portugal, May 14, 2016

Organizing committee of the "Advanced Hands-on-course" – Shoulder and Elbow Instability, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, May 13, 2016

Organizing committee of the "Massive Rotator Cuff Tear course: from basics to clinics", 3rd edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho, Braga, Portugal, January 22-23, 2016

2015

Organizing committee of the "Hands-on-course"-Fundamentals in Arthroscopy, 6th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, June 12-13 2015

2014

Organizing committee of the "MASSIVE ROTATOR CUFF TEAR from basics to clinics", 1st edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, November, 2014

Organizing committee of the "MICROSURGICAL ANASTOMOSIS", 6th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, September, 2014

Organizing committee of the "Hands-on-course" – Fundamentals in Arthroscopy, 5th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, 04-06, June, 2014

2013

Organizing committee of the "MICROSURGICAL ANASTOMOSIS", 5th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, 18-21, September, 2013

Organizing committee of the "Hands-on-course" – Fundamentals in Arthroscopy, 4th edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal, 13-14, June, 2013

2012

Organizing committee of the "Hands-on-course" – Fundamentals in Arthroscopy, 3rd edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal 26-27 April 2012

2011

Organizing committee of the "Hands-on-course" – Fundamentals in Arthroscopy, 2nd edition, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Braga Hospital, Braga, Portugal 03rd -04th May 2011

2010

Organizing committee of the "Hands-on-course" – Fundamentals in Arthroscopy, International Postgraduate Programme of Life and Health Sciences Research Institute (ICVS), School of Health Sciences, University of Minho in collaboration with Hospital de S. Marcos, -Braga, Braga, Portugal 21st May 2010

Organizational committee of the "II Regional Emergency Meeting", Hospital de S. Marcos - Braga, Braga, Portugal 28th -29th May 2010

Continuing Medical Education (CME)

2020

"Arthrex cutting edge of shoulder instability management workshop" – ArthroLab, Munich, Germany, January 24, 2020

2019

Nexel Total Elbow Arthroplasty – Meet the expert, Skills enhancement, Zimmer Biomet Institute, Frankfurt, Germany, December 5, 2019

XIV Congress of the Portuguese Society of Arthroscopy and Traumatology, Braga, Portugal, November 28-29, 2019

BioSkills: Shoulder Arthroplasty Solutions, Zimmer Biomet Institute Course, Vienna, Austria, October 28-29, 2019

39° Portuguese National Congress on Orthopedics, Coimbra, Portugal 24-26 Oct 2019

III Shoulder sunset, Porto-Gaia, Portugal, September 27, 2019

14th International Congress of Shoulder and Elbow Surgery, Buenos Aires, Argentina, September 18-20, 2019

12th Biennial Congress of the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, Cancun, Mexico, May 12-15, 2019

American Academy of Orthopaedic Surgeons 2019 Annual Meeting, Las Vegas, Nevada, USA, March 12-16, 2019

2018

38° Portuguese National Congress on Orthopedics, Viseu 25-27 Oct 2018

"Arthrex Shoulder Workshop" – ArthroLab, Munich, Germany, September 28-29, 2018

NICE SHOULDER COURSE 2018, Nice, France, May 31 - 02 June, 2018

XIII Portuguese Shoulder and Elbow SPOT Meeting, Porto, Portugal, May 4-5, 2018 Soluciones LATAM 2018 México Course, México City, México, April, 25-26, 2018

2017

27 SECEC-ESSSE Congress, Berlin, Germany, September 13-16, 2017

7th ANNECY LIVE SURGERY - International Shoulder Advanced Course, Annecy, France, June 22-24, 2017

Musculoskeletal ultrasonography course and workshop, Hospital Plató, Barcelona, Spain, May 8-9, 2017

BALGRIST SHOULDER COURSE - Indication and Surgical Technique of Revision Shoulder Arthroplasty, Balgrist University Hospital, Zurich, Switzerland, March 30-31, 2017,

2016

Wright medical EMEA Degenerative Shoulder WrightLab - Cadaver Lab, Augsburg, Germany, December 9, 2016

Trauma Executive Class Elbow, Depuy Synthes Headquarters, Switzerland, October 20, 2016 SECEC ESSSE Closed Meeting, Antwerp, Belgium, September 24-25, 2016

Berlin International Shoulder Course, Berlin, Germany, April 07-09, 2016

Advanced Shoulder Arthroscopy Instructional Course, York, United Kingdom, February 25-26, 2017

2015

26 SECEC-ESSSE Congress, Milano, Italy, September 16-19, 2015

Workshop Advanced Shoulder Arthroscopy, Minimal Invasive Surgery Meeting, CUF Descobertas Hospital, Lisboa, Portugal, April 20-22, 2015

II Advanced Course of Shoulder Arthroscopy, York, United Kingdom, April 9-10, 2015

2014

Arthro Mobile Lab Course" – Closed Meeting cadaver course: knee and shoulder, Braga, Portugal, June 12 to 13, 2014

2013

XXXII SPOT congress, Algarve, 29-31 Oct 2012

XXIII Meeting of the S.João Hospital, Porto, Portugal 4-5 Abril 2013

Shoulder and Elbow AOTrauma Course, Tomar, Portugal, 7 - 9 Mar, 2013

Workshop DePuySynthes resident program – Tibial distal fractures treatment, Braga, Jan 2013

2012

XXXII SPOT congress, Algarve, 17-19 Oct 2012

Pediatric advanced life support course, European Resuscitation Council, Porto, Portugal, September 2012

NICE Shoulder Course 2012, Nice, France, from June 7 to 9, 2012

Le Congrès de printemps du GEM et le congrès Franco-Portugais de chirurgie de la Main, l'Ile de Porquerolles, France, 1er et 2 juin 2012

European MusculoSkeletal Oncology Society 2012 training day, Bologna, Italy, 14th May 2012

Arthroscopic shoulder surgery – cadaver lab, Hospital clinico de la Faculdad de Medicina, Universidad de Barcelona, Barcelona, Spain, 16 March 2012

Barcelona Shoulder Course, Parc de Salut Mar, Barcelona, Spain, 26th – 28th January, 2012

2011

Surgical skills cadaveric training on the shoulder (instability, Bankart and SLAP repair, rotator cuff repair), Arthrolab, Munich, 05th December 2011

XXXI SPOT congress, Estoril, Portugal, October 19th -21st 2011

AOTrauma Course-Principles in Operative Fracture Management, Madrid, Spain, 21st - 24th September 2011

VI Annual meeting of Shoulder and Elbow, SPOT, Viseu, Portugal, May 27th -28th 2011

Barcelona Advanced Shoulder Course, Tornier meeting, Barcelona, Spain, April 15th – 16th 2011

XXIV Course on Musculoskeletal Pathology; Istituto Ortopédico Rizzoli di Bologna, Bologna, Italy, January 31st – February 4th, 2011 2010

X Sports Medicine Portuguese National Congress, Lisbon, November 11th -13th 2010

XXX SPOT congress, Albufeira, Portugal, October 29th -31st 2010

6th practical course of spine – Prelada Hospital, Porto, Portugal, October 8th 2010

Biomechanic's Workshop integrated on SPOT continuing resident education, Lisbon, Portugal, September 11th 2010

V Annual meeting of Shoulder and Elbow, SPOT, Matosinhos, Portugal, May 14th -15th 2010

RECOA IV – International Course of Osteo-Articular Reconstruction; Cúria, Portugal, April 23rd -24th 2010

Practical course of tendon suture; Integrated on SPOT continuing resident education; Hospital de Sto António, Porto, Portugal, March 27th 2010

2009

Theoretical & Practical course of Cartilage – Lisboa, Lisboa, Portugal, November 21st 2009

XXIX SPOT congress, Porto, Portugal, October 28th-30th 2009

Hip Anatomy – cadaveric training session; Integrated on SPOT continuing resident education; INML - Lisboa; Lisboa, Portugal, September 26th 2009

IX National Congress of Portuguese Society of Arthroscopy and sports traumatology – SPAT, Tróia, Portugal, September 24th-20th 2009.

1st femoroacetabular impingment meeting – live surgery, Hospital S. Marcos, Braga, Portugal, September 19th 2009

Principles and Techniques of Fixation (plates and screws) Workshop integrated on on SPOT continuing resident education, Hospital S. João, Porto, Portugal, September 13rd 2009.

Musculo-skeletal imaging Workshop; Integrated on SPOT continuing resident education; INML – Lisboa; Lisboa, Portugal, July 11th 2009

Scientific Publications results interpretation course by Eurotrials Scientific Consultants, Lisboa, Portugal, January 17th 2009.

2008

Successfully attended the course ATLS® – Advanced Trauma Life Support for Doctors, Portuguese Society of Surgery, Braga, Portugal, 12th July 2008

XXVIII National Congress of Orthopaedics and Trauma, Vilamoura, Portugal, October 29th -31st 2008.

Social skills and competences

- Good team work capacity
- Good adaptation to multicultural environments
- Good communication skills

Mother tongue(s)

Other language(s)

Self-assessment

European level (*)

English

French

Spanish / Castilian

Portuguese

Understanding			Speaking				Writing		
Listening		Reading		Spoken interaction		Spoken production			
C1	Proficient user	C1	Proficient user	CI	Proficient user	В2	Independent user	В2	Independent user
В1	Independent user	DZ	Independe nt user	DΙ	Independent user	A2	Basic User	A2	Basic User
C1	Proficient user	C1	Proficient user	В2	Independent user	В1	Independent user	В1	Independent user

(*) Common European Framework of Reference (CEF) level

Driving licence(s)

A1, A, B, B1, September 1997, clean